



FAB BITS-N-TIPS – WEEK OF 30 JULY 2012

10 Best Makeup Tips For Summer

In the summer time, it becomes essential to take care of yourself even more than the rest of the year. Especially taking care of the skin on a regular basis seems to be a hard work on its own. But these are some of the basic things that one should keep in mind while getting ready in the summer time. Here are ten tips for summer make-up.

1. Keep Protected



It is very much important to care for your skin, especially against the sun as it not only saves it from getting dark, but also protects against the harsh ultraviolet rays of the sun that can damage your skin thoroughly. It also helps against aging as you retain the fair complexion as well as your skin does not shrink. It is equally important to protect your skin through using a good moisturizer with an SPF factor of 15 or higher. You should use it regularly as it avoids the sun spots and fine lines that occur due to sun exposure. Even when there is a cloudy day you should not forget to put on a sunscreen. You should allow at least 10 minutes for the moisturizer to absorb before you go out.

2. Get a Fresh Look



During summer season the warm weather makes everything feel so sticky. Therefore, you might feel that your foundation and powder are a little too heavy on your skin. To avoid feeling this heavy on your face, you should try to go for a fresher and lighter look by switching to a tinted moisturizer. It is simple to apply with a damp sponge and you will get the even look you want for yourself. Just add a little concealer to give you the radiance that you might feel like needing.

3. Skin Tone Should Be Matched



When there are summer days, you want to have a glowing look on your face instead of all sweaty. This means that you should go for all those things that will make you look fresh. Not only that but the things that will really make you fresh. You do not have to fake it. You can use bronzing powder to give you that colour of the skin that you naturally are. This will allow you to look fresh instead of all worn down. Just make sure you know which shade to use that matches your skin tone. Once the skin tone is set, then nothing else is to be worried about.



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4. Remember to Highlight Eyes



It is important to accentuate your eyes and bring out the natural beauty in them. Eyes are undoubtedly one of the most beautiful features that one has. In the summer days, it is necessary not to be overdone. So for that you should go for eye shadows that are lighter in colour, or are of neutral shades. Because neutral shade works the best in summers. If you do not want to go the full mile and want to just do a little bit and yet get the complete look, then just simply apply a touch of mascara and a little eye liner. These will do the rest for you in bringing your face to life. For a summery look, you should swap your black mascara for either a blackish brown or simply plain brown. Just remember to get your eyebrows done with a perfect shape, so to have a complete eye look.

5. Have Waterproof Makeup



Since in the summer days, one is bound to get sweaty. Therefore, waterproof makeup is the only refuge. There is nothing worse than a running mascara to spoil your entire look. For this very reason, nothing more than mascara has to be definitely waterproof. For its removal, an oil-based eye make-up remover is essential to take it off properly. If you want to get a perfect look, then you should get your eyelashes professionally tinted, especially if you are so fair and have light eyebrows, then to make them apparent you have to do this. Same can be the case with the eyebrows too. So that you have the colour complexion as well as the make-up that you apply all matched up properly.

6. Lip Care



Summer days are not only cruel over your skin, but also the lips. So you are sunbathing, then do not forget apply some lip balm to protect your lips from the heat and the damage of the sunrays. This will also keep them soft and supple. You can also apply lipstick or lip gloss. In fact, lip gloss is something that could just do the trick for you anytime in the summer, when the sun is up and your look will be complete. Just make sure of the matching with the outfit and the time of the day. The rest is done.



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7. Get the Right Complexion



If you are someone who likes to have a tan and enjoys a tanned complexion than you can do more with your make-up to highlight it positively to enhance your looks even further.

8. Highlight Your Cheeks



If in case you are not interested in either using tanning or bronzing powder on your skin for some reason, then in that case too there is no problem at all. You can simply use the blush on. Apply it along your cheekbones to give them presence, but do it according to your face. Remember to build up the colour gradually until you have the soft natural glow that you are looking for.

9. Care for Your Toes



In the summers, you would want your feet to look at their best. So you should especially take time out to care for them. Keep them free from dry skin and cracked heels. Simply moisturize them regularly to make them appear soft and smooth. You can also polish your toe nails according to the theme of the occasion and the summer time. Just go for something that would simply match and look good on your feet.

10. Exfoliate



It is important to keep your skin looking healthy and fresh, so exfoliate on a daily basis. Keep a washcloth or a buff pad handy to be used anytime whenever the sun has taken its toll on you. Exfoliation takes the dead cells out of your skin and gives it back the healthy look.

Source: www.toptens.com